

Family Medicine @Christiana Care

Christiana Care's Family Medicine Residency Program has an innovative longitudinal curriculum. Our innovations have led to transformation and changes in the content, structure and location of residency training.

Examples of changes to our first-year curriculum:

Sample schedule for Family Medicine

Traditional	Christiana Care Family Medicine
Traditional obstetrics	Ambulatory reproductive care
Inpatient surgery	Outpatient surgery
CCU	Outpatient cardiology
Tertiary ICU	Tertiary ICU + Community ICU
1 office session/week	2.5 average sessions/week

Training in high-quality ambulatory care: Residents will focus on ambulatory care learning because family medicine physicians spend the majority of their time in the outpatient setting.

Individualized curriculum and interest tracks: While our primary goal is to train residents in core family medicine, we strongly believe in nurturing the interests of residents. With our longitudinal curriculum, we are able to tailor the curriculum to an individual resident's needs and interest.

Program highlights: Residents will serve two practices in three locations. One practice offers care to a suburban and urban underserved population. The other practice is a Federally Qualified Health Center.

Details of our curriculum

To create the most positive transition to your residency experience, we devote the first month of internship to family medicine orientation. The purpose of this month is to:

- Immerse interns in ambulatory family medicine.
- Allow residents to become thoroughly comfortable with our office, our staff, our faculty and our residents before going to other services and rotations.
- Provide interns with an early sense of belonging to the Family Medicine Department.

The components of this orientation include:

- Ambulatory didactics.
 - Procedural training
 - Billing and coding.
 - EMR training, pearls, practice.
 - Chronic disease management.
 - Social determinants of health
 - Evidence-based medicine.
 - Advocacy.
 - Inpatient orientations.
 - "A day in the life of an intern."
- Interns will have at least seven office-hour sessions in the first month of training

Year 1 Schedule for Family Medicine Residency Program

Rotation	Number of Weeks
Orientation	4
Outpatient Surgery	4
Outpatient Cardiology	4
Ambulatory Reproductive Health	6
Inpatient Pediatrics	4
Pediatric ER	2
Newborn Nursery	2
Family Medicine Inpatient	10
	Broken into two four-week blocks and one two-week block, spaced throughout the year. Includes one to three weeks of night float.
Elective	8
Emergency Medicine	4
ICU	4
Vacation/Conference	3/1
	May not be taken during inpatient rotations.

Program Years 2-3

The second- and third-year curriculum is longitudinal and incorporates core family medicine training with the innovative elements our transformative approach. As opposed to traditional one month blocks rotations our rotations are arranged in one week blocks of time called mini blocks. These mini blocks repeat throughout the second and third year.

Sample Upper Year Mini Block Schedule

Sample Mini Block					
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Office Hours	Sports Medicine	Office Hours		ENT
PM	Cardiology	Office Hours	Outside Continuity Site (such as a Wellness Center)	Office Hours	Office Hours

Components include:

- Second-year orientation will be held to transition first-year residents to upper-year status.
- Experience in a broad spectrum of care, including nursing home, geriatric care (ambulatory and home visits), OB clinic, pediatric ER, urgent care, mobile health unit and rural rotations.
- Six to eight weeks of daytime, inpatient coverage and three weeks of night float as part of Wilmington Hospital Inpatient Service (WHIP).
- An opportunity for longitudinal electives, away or local elective rotations.